

Choosing a Visit Type on the Premise Health Schedule - Tell Us Why You're Coming In!

- Once you've logged in to www.mypremisehealth.com, select "Schedule an Appointment."
- Under "Tell us why you're coming in" select the appointment option that works for you.
- There are more options than just the below, but this details common issues that our members need to be seen for.
- If you need further assistance, please contact Premise Health at (855) 200-6822 or visit www.mypremisehealth.com, under "Need Help?" click "Contact Support."

Established Member Brief Visit- In Person

Brief office visit with provider for established patients to 1-2 simple problems. →

15-minute appointment

- Simple Infections (sore throat, earache, sinus)
- Minor Orthopedic injuries
- Non-Chronic Medication Refills (allergy medication, cold sores)

Established Member Standard Visit- In Person

Standard office visit with provider for established patients to address complex problems or chronic medical illnesses. →

30-minute appointment

- Chronic Disease Management (blood pressure, diabetes, mental health)
- Follow up discussions
- Lab Follow ups without physicals
- Procedures (wart removal, joint injections)

Annual Physical Exam- In Person

Complete annual physical exam with provider. →

45-minute appointment

- Lab Review with Physical
- Preventative Care Management (mammogram, colonoscopy, etc.)
- Procedures (mole removal)
- Any of the above + immunizations (shingles, pneumovax, etc.)

Well Woman Physical Exam

Women's health exam including Pap smear, breast exam and discussion of other women's health related issues. →

45-minute appointment

- Lab Review with Physical
- Preventative Care Management (mammogram, colonoscopy, etc.)
- Birth Control Insertion
- Any of the above + a pap smear