

Current CareHere User STEPS to Access

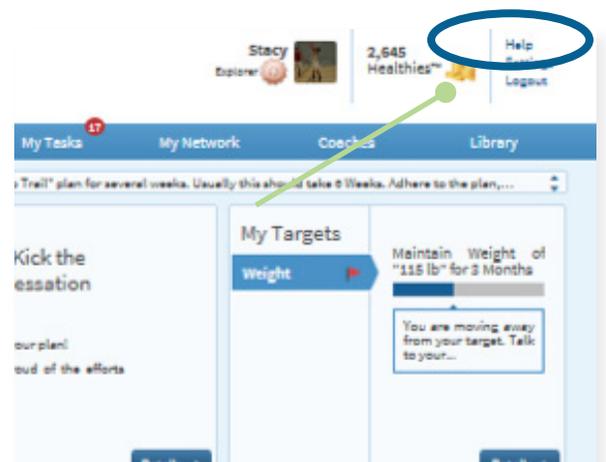


- 1 Go to www.CareHere.com and select *Member Login*.
- 2 You will enter your personal user name and password to be directed to your CareHere home page.
- 3 Once on your home page, choose the *CareHere Connect* button in order to access the site.
- 4 The first time a new user logs into CareHere Connect, they will be asked to *Join Now* in order to access the site.



Your **Plan of Care/Wellness Program** will be located under *My Plans* tab. Click on *Details* to complete Recommendations in each step of the program.

You must log in to CareHere Connect on a regular basis to read the Recommendations and also complete the Tasks in order to be promoted to the next step.



- 5 Once you select *Join Now* and agree to the terms on the site, you will be directed to your CareHere Connect home page.

If you have questions about using the site, check out the instructional tutorials located in the *Help* section of the site. The link to the *Help* tutorials is located in the upper right corner of your home screen.

QUESTIONS?

Please contact your CareHere Health Coach at wellness@carehere.com or through the Coaches tab on CareHere Connect.

